

Mountain Home School District

Child Nutrition Newsletter

August 2023



What's New in the Cafeteria?

Welcome to your monthly newsletter from Chartwells. We are your cafeteria team and your partners in child nutrition. We are looking forward to *servicing up happy and healthy* throughout the district with nutritious meals and fun activities. We will be sharing good news from our cafeterias with you each month through our newsletter.

Meet the Team!

At the heart of Chartwells is a strong team of motivated, caring, and conscientious individuals who are dedicated to ensuring Mountain Home School's students leave the cafeteria happier and healthier than they came in. Each of our district associates are dedicated to ensuring students leave the cafeteria happier and healthier than they came in. We all have the same goal –delivering the best food service possible. Meet some of our new team members from across the district.



Katelynn Osterhoff

COOK 1 Stephensen Elm

Katelynn lives in Mtn. Home with her husband Kevin, they have 5 children. She dreams of one day going to culinary school.



Shellie Powell

COOK 1 MHHS

Shellie lives in Mtn. Home with her partner Josh. They have 4 boys and a grandson, She loves spending time with her family and fur babies.

In this issue:

Meet the Team

Discovery Kitchen:
Nutrition education to Bring on Breakfast

Survey

We want to hear from you to improve our service

Check out the Menu!
Menus posted online through Nutrislice

Introducing Discovery Kitchen



Each month, we introduce a new Discovery Kitchen theme, featuring nutrition lessons, hands-on events and culinary demonstrations. These themes are designed to bring a fun and inspiring sense of food discovery to our students and school community.



August is Bring on Breakfast month in the cafes where we'll be engaging students with delicious recipes and fun and informative nutrition education. Bring on Breakfast adds excitement to the beginning of the school day by offering delicious food that fuels the day.

Studies show that breakfast can support a student's learning throughout the day, leading to increased focus, fewer absences, and better test scores. Students will learn how to make breakfast fun and impactful with the Discovery Kitchen events in their cafeteria in August.



Any questions or suggestions, please contact:

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Director of Dining Services
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208-587-2573

We Want Your Feedback!

As we begin the new school year, we would like to hear from you so we can continuously improve the food service in the cafeterias across the district. Please use the QR codes below to take the survey that best fits you!



**Elementary
Parents (K-6)**



**Secondary
Students (7-12)**



Staff

What's Cooking? Online Menus!

School menus are available anywhere, anytime. Mountain Home School District, in partnership with Chartwells K12, uses Nutrislice to publish school menus to an interactive website and free smartphone app.

- Download or open the app.
- Find your district.
- Select your preferred location and favorite it.
- View daily menu items

